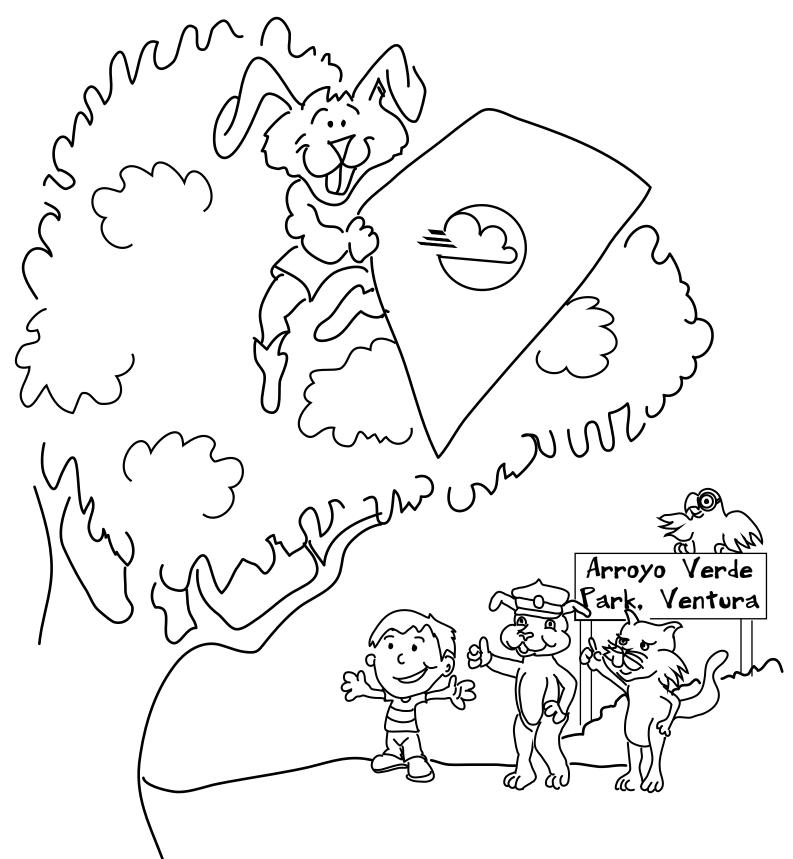


Hi Kids!

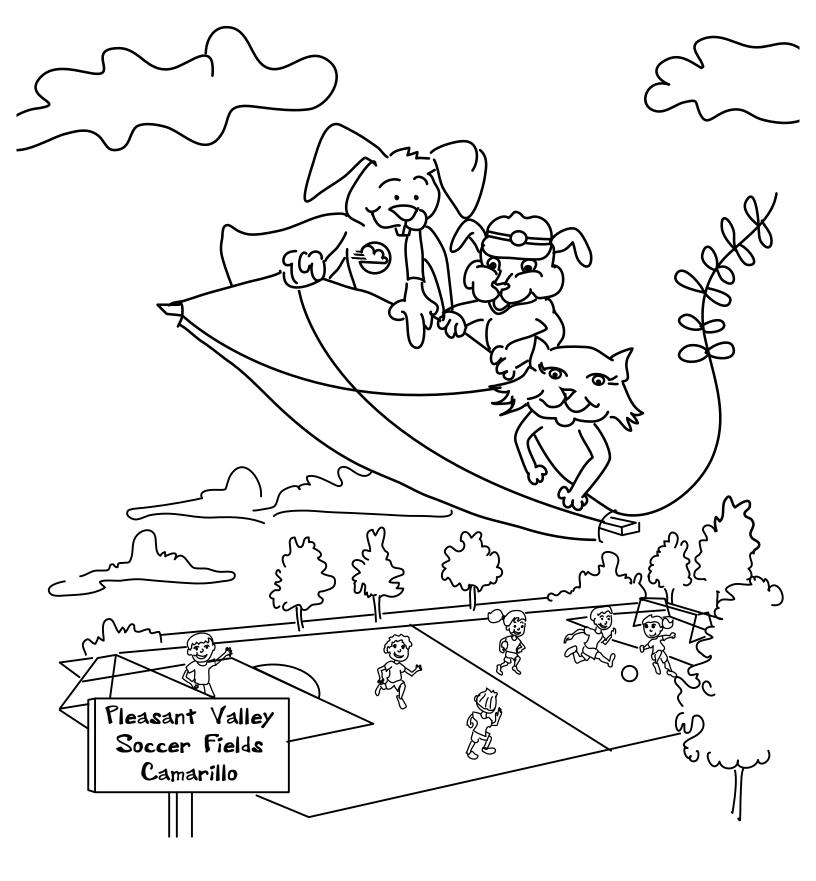
My adventures in the Skykeeper Activity Book began a long time ago. I have given over 35,000 copies of my book to Ventura County kids. Wow! That's a lot of books. They were given out at schools, events, museums, and at our clean air office. But now my friends and I have a new activity book, Skykeeper 2. So join Cloudwatcher Kitty, Windrider Parrot, Air Patrol Dog, and me, on our new clean air adventures. And when you finish, take the Skykeeper Pledge.

Signed, Skykeeper





As Skykeeper, it's my job to keep the air clean in Ventura County, California. My friends and I don't like living with dirty air, so I help clean it. I bet you like clean air too. Can you help me clean it all over our County?



Air keeps people, plants and animals alive. We can go for days without food or water, but Air Patrol Dog, Cloudwatcher Kitty and I know we need clean air every minute of every day.



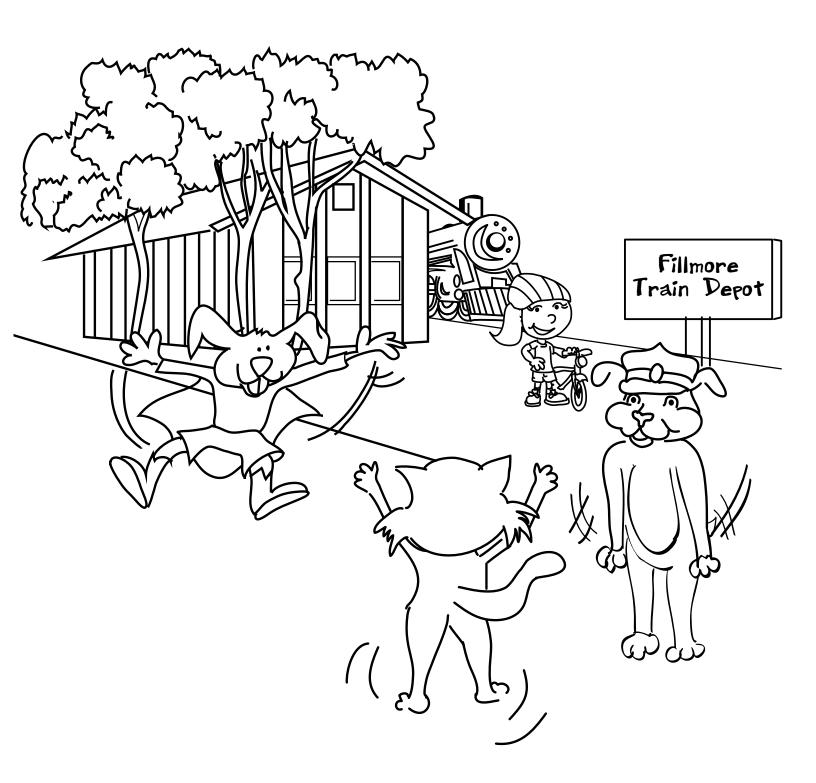
Every person, plant and animal that has ever lived has breathed the same air you breathe today. Green plants clean "used air" and give us oxygen to breathe.



Air is around us, but we can't see it. How do we know it's there?

An E	
	CR (V) STOS
Torn Com	
	Oxnard Beach Park

Air Patrol Dog bounces his ball in the air. Cloudwatcher Kitty's bubbles are blowing in the air. Windrider Parrot is flying a kite in the air. And, I am waving hello to you from my sailboat that is moving in the wind.



When you run, play sports or ride a bike, you need more air than when you walk, sit or sleep. Take a deep breath and let the air out of your mouth slowly. Do you feel it? Now, do ten jumping jacks and see how fast you breathe.



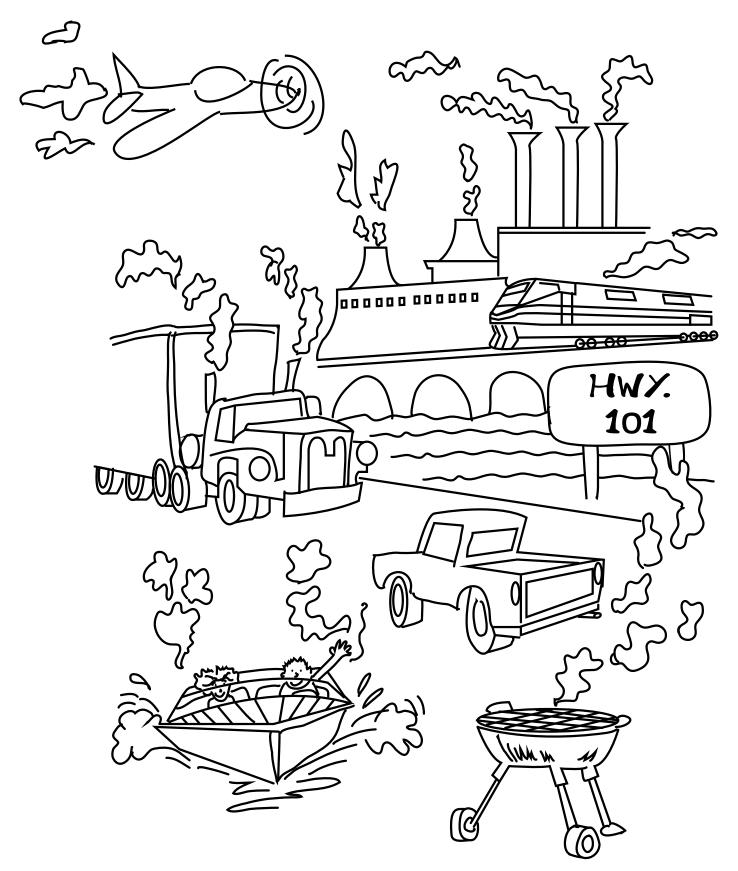
Dr. Martin is checking Mr. Green's health. When we breathe, air goes into our lungs. If the air is dirty, we say there is pollution or smog. Smog is not good for you. It can make your eyes burn, your head ache, your throat sore, give you a cough, and hurt your lungs.



Smog hurts plants and animals too. It can also damage buildings and statues. Cloudwatcher Kitty doesn't feel well on smoggy days.



Natural things, like dust and smoke from campfires, can make the air dirty. Air Patrol dog says to be careful with campfires and follow all the campground rules to be outdoor safe.



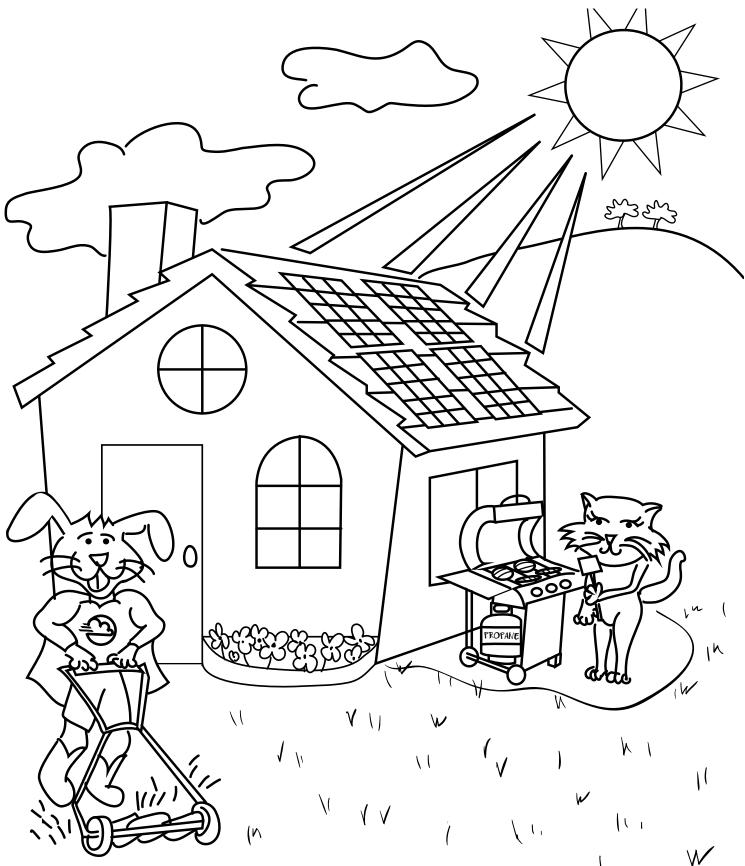
People also do things that make smog. Burning anything makes pollution. Smoke from powerboats, barbeques, and factories can make the air dirty. Emissions from airplanes, trucks, cars, and trains can make the air dirty too.



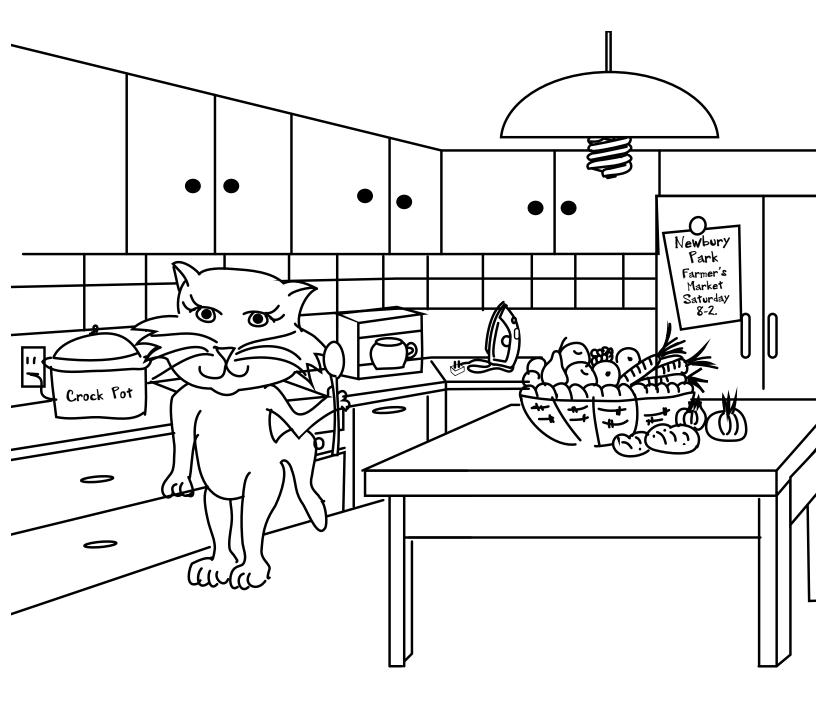
And remember kids, smog is not only bad for the air, but it is also bad for land and water too. My friends Cloudwatcher Kitty and Air Patrol Dog like sailing because it doesn't make the air dirty.



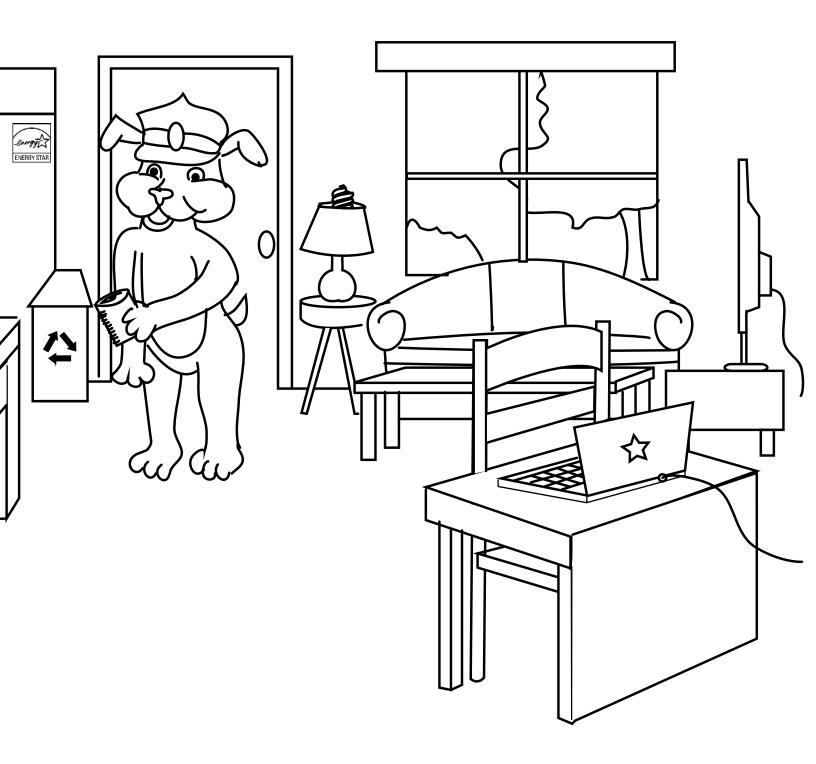
I'm not saying to stop using cars or trucks or barbeques. But there's a lot we can do to help clean the air. We can ride a bike like Cloudwatcher Kitty, walk or use the bus.



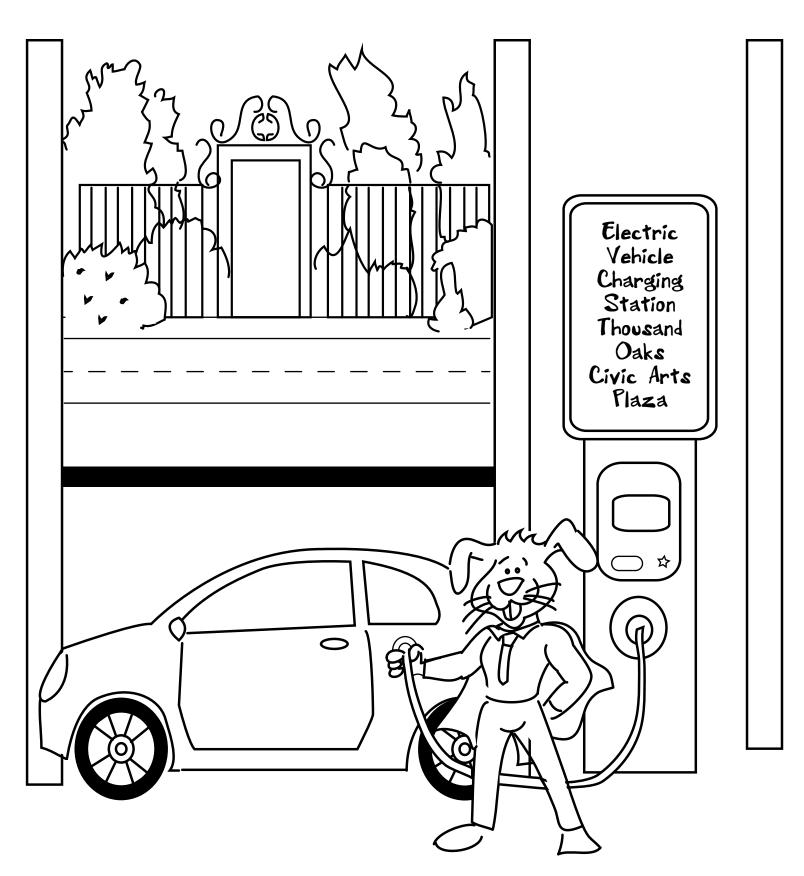
At home, I use a push mower to mow the lawn. And you can ask your parents to barbeque with natural gas or propane and to think about using solar energy at your house.



There are actions you can take at home for clean air. Recycle your glass, plastic and aluminum containers. Cook with a crock pot instead of the oven. Buy fruit and vegetables at local Farmer's Markets and tell your parents about Energy Star<sup>™</sup> appliances that save energy.



It is also very important to turn off electrical appliances when you are not using them. This saves energy and is good for the air. It also saves money, and that's good too.



And we can use clean energy for our cars, like electricity.



I try to learn as much as I can about smog and how to clean the air. You can too by reading and visiting the Air District's website and Facebook page.

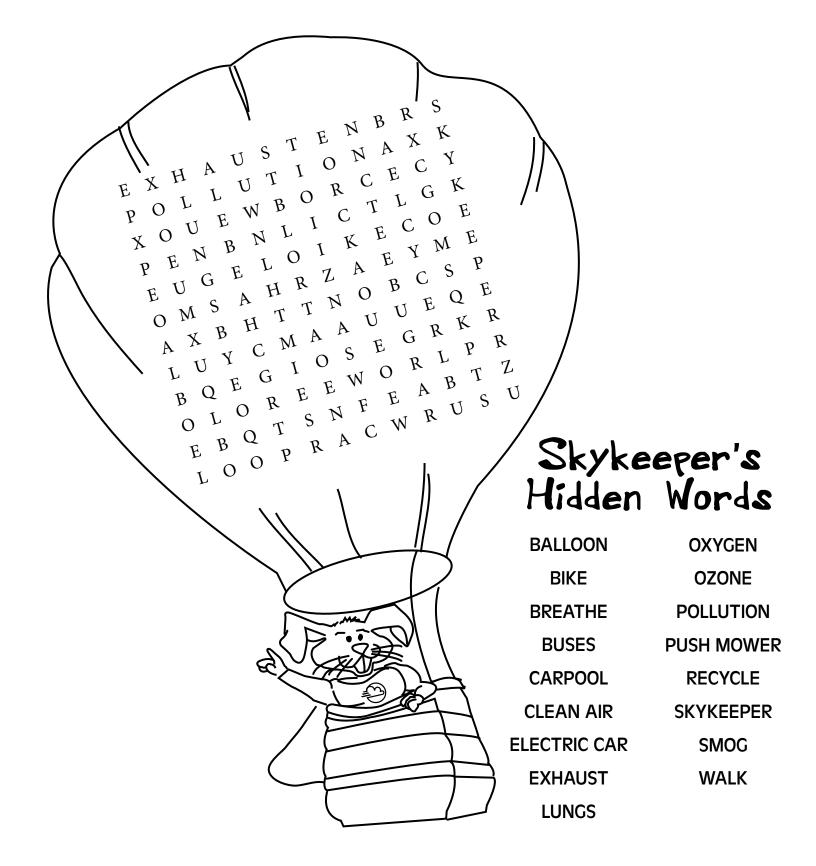


What are we doing to help clean the air? You and your parents can help clean the air too by doing some of these things.

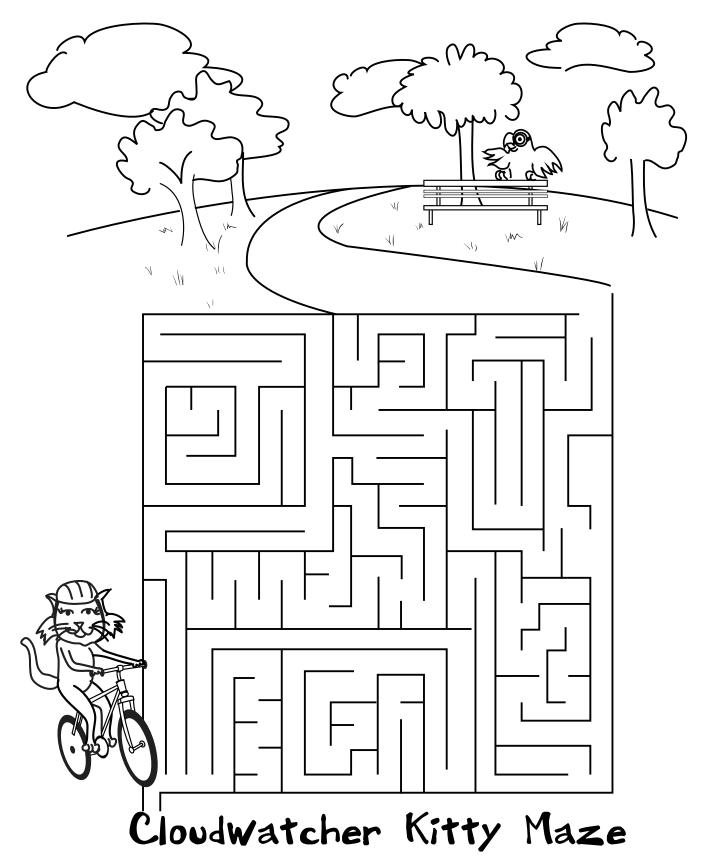
Turn the next page around for the answers at the bottom.

ANSWERS: 1. Planting a tree. 2. Riding a bike safely. 3. Using a push mower to mow your lawn. 4. Recycling cans, paper and plastic. 5. Carpooling to school. 6. Reading about clean air and the environment. 7. Riding in an electric boat. 8. Walking somewhere close instead of driving a car.





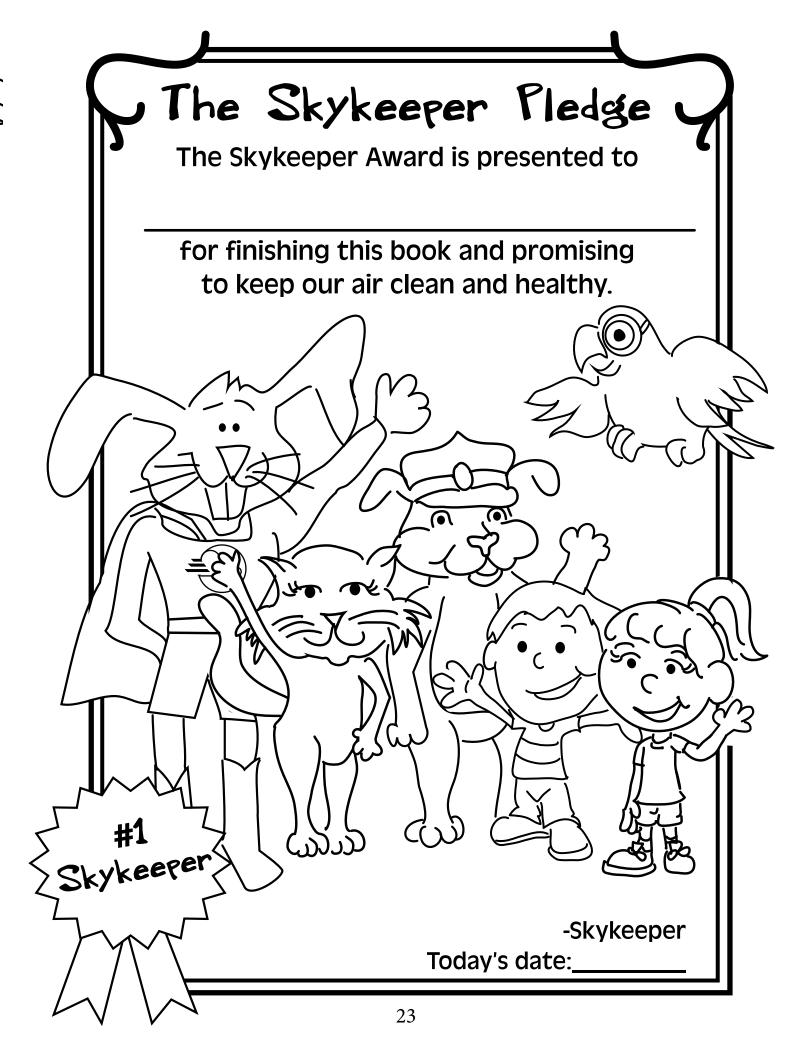
I've dropped some words from my hot air balloon and I'm going up too fast. If you can find the hidden words, you'll help me land safely. How many words can you find? Ask your teacher to explain any new "air" words.



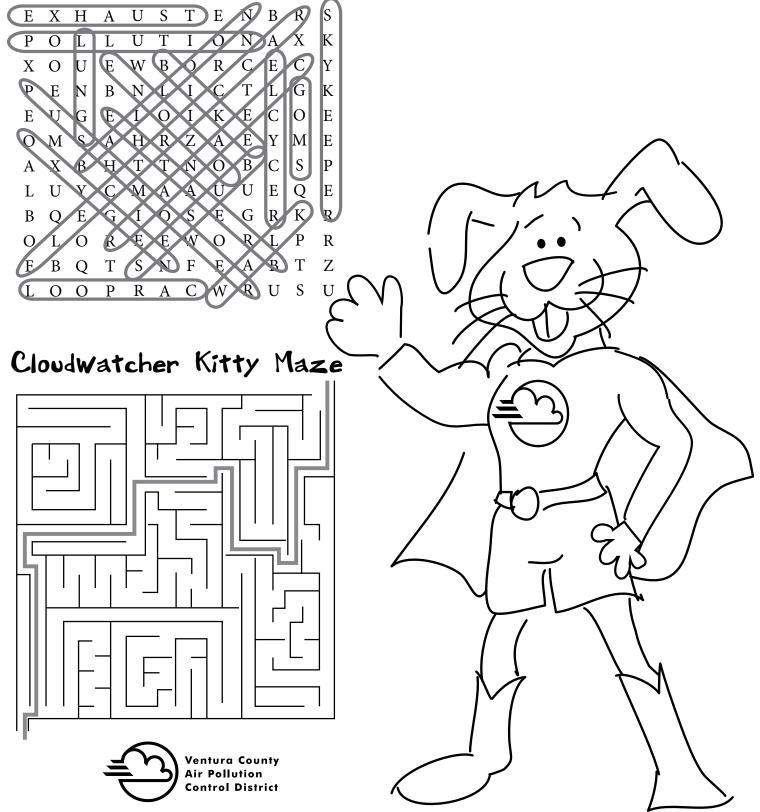
Biking is a great way to help the air here in Ventura County! Help Cloudwatcher Kitty make her way through the maze to Windrider Parrot at Clean Air Park.



So kids, learn all you can about Ventura County and the environment, including air, water and land. Learn about plants, animals, and people too.



## Skykeeper's Hidden Words



669 County Square Drive • Ventura, CA 93003 805-645-1400 • vcapcd.org • facebook.com/TheAirZone Text: Barbara L. Page • Consultant: Skykeeper Rabbit Line Illustration/Design: Teresa Paczkowski • September 2014

The National Park Service logo is reprinted with permission from Channel Islands National Park.

